



# Do you need some Conversation Peace?

by Mary A. Kassian

1. Do you gossip? Do you enjoy repeating the latest news or rumor that you hear about another person? (Prov. 11:13; 20:19; 36:20)  
 never       seldom       occasionally       often       habitually
2. Do you slander? Do you say things about others behind their backs that you would not feel free to say to their faces? Do your words cast others in a less than positive light? (Ps. 50:20; Prov. 11:9; Ps. 52:4)  
 never       seldom       occasionally       often       habitually
3. Do you nag? Do you repeat your desires and opinions to others over and over until you get what you want? (Prov. 21:19; 26:21)  
 never       seldom       occasionally       often       habitually
4. Do you meddle? Do you make the interaction between other people your concern? Do you try to referee arguments or act as a go-between? (Prov. 26:17)  
 never       seldom       occasionally       often       habitually
5. Do you brag? Do you seek to present your skills, your experiences or your accomplishments as greater than they really are? (Pr. 14:23; 25:27; 27:2)  
 never       seldom       occasionally       often       habitually
6. Do you lie? Are you ever less than truthful? Are you totally honest? Do you misrepresent yourself, other people or events? (Ps. 120:3, 34:13; Prov. 12:19, 22; 26:18-19; Eph. 4:15,25)  
 never       seldom       occasionally       often       habitually
7. Are you quarrelsome? Do you feel a need to be proved right or to have the last word? Do you argue? (Pr. 17:14; 20:3; 26:21; 27:15; Phil. 2:14)  
 never       seldom       occasionally       often       habitually
8. Do you respond in anger? Are you hot-tempered or defensive? Are you easily provoked? (Pr. 15:1; 29:11,22; Eph. 4:26)  
 never       seldom       occasionally       often       habitually
9. Do you talk too much? Do you babble? Do you spend a lot of time on the phone or in chat rooms? Do you monopolize conversations with your opinions? Do you interrupt? (Ec. 10:11; Pr. 15:28; 29:20; Jas. 1:19)  
 never       seldom       occasionally       often       habitually

10. Are you reluctant to admit when you are wrong? Do you fail to ask forgiveness? Do you refuse to admit your error when you feel the other person's error is greater? (Prov. 29:23; James 5:16)
- never       seldom       occasionally       often       habitually
11. Do you betray a confidence? Do you repeat matters that you should keep private? If someone has failed or injured you, do you feel compelled to tell someone else about it? (Prov. 6:19; 17:19; 19:11; 25:9-10)
- never       seldom       occasionally       often       habitually
12. Do you criticize? Do you find fault with others? Do you focus on the bad instead of the good? Do you see people's shortcomings more than you see their strengths? (Ps. 41:5; Rom. 1:30)
- never       seldom       occasionally       often       habitually
13. Do you complain? Do you bewail the circumstances you find yourself in? Do you let others know that you resent being inconvenienced? (Phil. 2:14)
- never       seldom       occasionally       often       habitually
14. Do you make assumptions? Do you assume the worst about other people's motives and intentions? (1 Tim. 6:4; Prov. 29:20)
- never       seldom       occasionally       often       habitually
15. Do you hold grudges? Do you bring up or focus on past wrongs? Do you accuse others? (Prov. 11:12)
- never       seldom       occasionally       often       habitually
16. Are you sarcastic? Do you mock others? Do you use negative humor to put others down? (Prov. 21:24; 9:7; 26:18-19)
- never       seldom       occasionally       often       habitually
17. Are you malicious? Are your words intended to cut and wound? Are your words harsh? (Prov. 11:12; 17:4; 15:1; 16:27)
- never       seldom       occasionally       often       habitually
18. Are you insincere in your compliments? Do you flatter others for your own advantage? (Prov. 26:28; 29:5)
- never       seldom       occasionally       often       habitually
19. Is your speech filthy? Do you swear or use foul language? Do you use the latest slang or crass expressions? (Prov. 4:24; 10:31-32; Col. 3:8)
- never       seldom       occasionally       often       habitually
20. Do you fail to listen? Do you jump to conclusions before you are sure that you have heard and understood? (Pr. 18:13; 19:20; Jas. 1:19)
- never       seldom       occasionally       often       habitually